



MENTOR DIRECTORY



ALEX BORWICK
PRODUCER | RECORDING ENGINEER |
MIXER | MUSICIAN
(MUSIC)

Originally from New Zealand, Alex has been based in Ireland since 2012. He is the head engineer at Grouse Lodge Residential Recording Studios, and his career includes working as a producer, recording & mix engineer, touring musician, and obsessive problem-solver! When not at Grouse Lodge, he works out of a variety of studios around Ireland and overseas.

He has worked with producers such as George Clinton, Garret "Jackknife" Lee, and Starsmith, and with artists such as Sam Fender, Parliament Funkadelic, Catfish & The Bottlemen, James Vincent McMorrow, and Lankum. Alex produced, recorded and mixed the critically acclaimed debut album 'Hemet' by Niamh Regan, which was nominated for the RTÉ Choice Music Prize Irish Album of the Year 2020



AISHLING MULLER

LENS-BASED MEDIA | PERFORMANCE

ARTIST

(MULTI-INDUSTRY)

Aishling Muller is a lens-based media and performance artist from North Westmeath. She has 17 years of experience as a practising artist through the blended mediums of photography, video, performance, visual storytelling, social commentary, art, and activism. Aishling offers support and guidance to artists working on long-term projects, emerging artists, and those who are returning to their arts practise after some years of a gap. Aishling has a particular interest in working with those who identify as outsider artists and those who may have spent some years living abroad.

Aishling offers a fresh insight, promoting renewed enthusiasm and a thought-provoking reflective examination of an artist's practise to date. Aishling supports artists in finding continued worth and meaning in a long-term body of work that may have reached a standstill. She also encourages creative reflection on the conceptual nature of a body of work, inspiring and building confidence in the mentee in regard to the further development of a work or for the artists return to their arts practise.

Aishling guides mentees to tap back into their authentic voice so they can stay true to their themes while also exploring their existing and ongoing catalogue of works from a fresh perspective.



ALFIE HUDSON TAYLOR

ARTIST | SONGWRITER | MUSICIAN

(MUSIC)

Alfie Hudson - Taylor is an Artist, songwriter, and musician and the frontman of the band Hudson Taylor.

He has over twelve years of experience working in the music industry as a commercial musical artist.

With his band Hudson Taylor, He has worked with many distinguished producers and songwriters, Released music with both independent and major labels and performed in studios and on stages all over the world.



ALICE COGHLAN

DRAMATURG | ARTISTIC DIRECTOR (THEATRE)

My name is Alice Coghlan and I'm an Artistic Director of Wonderland Productions. These days I'm a regular Script Mentor at the Irish Writers Centre where I also teach courses like Classic Techniques of Comedy and Techniques of Adaptation.

I trained as a Literary Reader at The Abbey Theatre, Ireland's National Theatre for 12 years. I have since directed over 70 shows and I am a qualified Drama teacher. I know all about the challenges of original writing as I have written and professionally produced my own plays, translations and adaptations.

I accomplished this by founding and running my own theatre company Wonderland Productions in 2003, through which I have written, directed, produced and designed my own work.

Aside from writing, I am a Staff/Assistant Director for opera. I have worked for The Royal Opera House, Scottish Opera and Opera Ireland specialising in the Italian repertoire to date.



AILISH MCCARTHY

COMEDIAN

(COMEDY)

Ailish is a comedian based in Dublin. She has climbed the ranks in the past 4 years to become a regular at clubs in Ireland.

Ailish has supported household names at multiple festivals and is one of the co-founders of the Irish Comedy guide.

She can offer support on:

- Resources.
- Project management.
- Getting started in comedy.
- Strategy.
- Advice other performance resources available.



ANDREW MACKLIN

ACTOR | CAREER COACH | TRAINER

(MULTI-INDUSTRY)

Andrew Macklin is a professional actor, career coach and trainer working in the creative industries.

Andrew aims helps people transform their creative career from where it is currently, to where they want it to be. He does this in ways that are personally meaningful and fulfilling to his client.

Andrew focuses on areas such as; getting clear on your career direction, working through professional and creative blocks, and sustainably balancing the competing demands of a creative life.

His approach is evidence-based, pragmatic and empowering.



ANDREW HANNON

AUTHOR | SCREENWRITER | PLAYWRIGHT
| PUBLISHER

As an accomplished author, screenwriter, playwright, and publisher, Andrew Hannon is a well-rounded professional with extensive experience in the writing and publishing industry. With a particular expertise in horror, Andrew has made a name for himself as a chart-topping author, as well as a writer and producer of short films and a successful stage play.

In addition to his writing, Andrew has published over one thousand books across all genres through his publishing company, Dizzy Emu Publishing.

With his experience of creativity in books, screenplays and stage plays and his knowledge of the modern publishing industry, Andrew is well-equipped to advise and mentor aspiring writers from the initial stages of their creative process to the final polished product.



BRIAN O'REGAN

**DIRECTOR - ARTS LEADERS ASSOCIATES
(MULTI-INDUSTRY)**

With a background in classical music, Brian moved into arts administration after completing the MA in Arts, Festival & Cultural Management in Edinburgh. Since then, he has worked in a variety of different roles with organisations including Edinburgh International Festival, Malta Philharmonic Orchestra, and more recently with the Whale Theatre in Greystones where he serves as Artistic Director.

In 2020, Brian founded Arts Leaders Associates and since then has worked with a range of clients including the Arts Council, Wicklow County Council, Limerick City and County Council, Liz Roche Company, Backwater Artists Group and Sligo Festival of Baroque Music among others. Recently completed projects include a Craft Strategy for Co. Wicklow, a Feasibility Study for a Youth & Community Arts Centre and various other research and strategic development projects.



BRIAN SCALLY

CO-FOUNDER | CO-CEO OF PARAGON RECORDS

(MUSIC)

Brian Scally is co-founder and co-CEO of Paragon Records, an independent label established in 2018. With leading independent FUGA as their distributor, Paragon has a multi-genre roster that includes singer-songwriters Pa Sheehy (former lead singer with Walking On Cars) and Curtis Walsh, NI Music Prize Album Of the Year Winner Kitt Philippa, Belfast-based producer, top-line specialist and performer Jessica Hammond, electronic act and sync favourites The Sei, female-fronted rock band Sick Love and all-girl indie band Florence Road.

Paragon were an early signatory to the Keychange pledge to bring underrepresented genders in the music industry to the main stage and are also members of the 1% For The Planet initiative, where a minimum of 1% of their annual sales go to environmental and climate justice causes.

Brian is also a Board Member of The Association of Independent Music (AIM) Ireland, is a Mentor for Keychange's We Grow mentoring programme for women and gender-expansive artists and innovators.



CAREY FITZGERALD

PRODUCER | LECTURER | ENTREPRENEUR (FILM & TV)

Named by the Irish Post Business Year in Review as a Game Changer & one of fifty influencers who made their mark in 2022, Carey is an experienced Film & TV Entrepreneur, Producer, Mentor, Coach & Lecturer in Film & TV with a long history in all areas of production, distribution, advertising, financing, festivals & global sales and marketing. Over the years she has enjoyed Oscar Nominations and A List Festival Selections along with a very wide range of commercially successful TV commissions. She founded High Point Films & TV in 1990, which she ran for over two decades and built it into one of the most established independent global film, TV and digital rights management companies in Europe.

In 2016 she founded and is the Managing Director of Silver Mountain Productions, the Irish production, distribution & training business, specialising in film, drama & feature documentaries for the global market in all languages, focussing on the stories of the historically underrepresented.

She is the non-executive Chair of Irish Film & TV UK (formerly Irish Film London) and was previously the Chair of the London based Irish Social Inclusion Charity, Ashford Place, where she had been a Trustee for nine years. In both of these roles she restructured and created well balanced boards with complimentary skill sets to support the management teams.

In 2022 she co-created SHOUT CELEBRATION - the Mental Health Film & Arts Festivals, giving a voice to filmmakers, artists, poets, musicians and performers celebrating the artistic achievements of people with experience of mental health issues. Now in its fifth year, the festival has been held in London, Liverpool, Cardiff and other cities around the UK and Ireland.

She founded the global female empowerment social enterprise Wise Women, whose aim is to give women & girls globally the opportunity to expand and grow

She is a Business Mentor for a number of organisations including Minding Creative Minds, Screen Ireland, Screen Skills Ireland and Women in Film & TV to name a few. She is also a Visiting Lecturer and Academic Tutor in Film & TV career & business development for various film festivals, film schools and universities around the world.



CIARA EVE
PERSONAL DEVELOPMENT COACH |
COMEDIAN
(MULTI - INDUSTRY)

Ciara Eve is a Minding Creative Minds mentor, specialising in confidence building, recognising and changing negative thoughts, acknowledging and altering limiting core beliefs, resilience skills, personal development, self improvement, organising and prioritising, setting goals, focusing, managing tasks, personal resourcing, self-support, relaxation strategies and coping mechanisms, among other things.

Ciara Eve has a background and extensive experience in Education (BSc), Psychology (BSc), Counselling & Psychotherapy (HDip), and a Master's in Psychotherapy. She is also a Mindfulness Practitioner.

Creatively, Eve is a stand-up comedian, writer and podcaster. She has written and performed her own shows at the Edinburgh Fringe Festival, Smock Alley's Scene and Heard Festival, as well as performed at the Iveagh Gardens Comedy Festival, Kilkenny Cat Laughs, to name a few. She is currently supporting Jarlath Regan on his nationwide tour.



CIARÁN COOKE STUDIO MANAGER (MULTI - INDUSTRY)

Ciarán is Co-founder and Studio Manager at Odyssey Studios. Stemming from a background in Economics, Marketing and Business Development.

Ciarán migrated to the film industry in 2015 and never looked back. Specialising in the design and fabrication of Props, Sets and Special Effects he has gone on to work on film projects such as Foundation, Halo & Wednesday Addams alongside public & private art installations, both in Ireland and abroad.

Though his days are usually spent overseeing the automated manufacturing department, he dreams of brewing his own beer and a world where pineapple is socially acceptable on pizza.



CLAIRE BECK

DJ | RADIO PRESENTER | MUSIC MANAGER
(MUSIC)

Claire Beck has 20+ years of experience in commercial radio, on air and behind the scenes, as well as DJing at major festivals and clubs around the country.

She currently works as a Music Producer for Bauer Media, working across several brands. She hosts a number of shows on Today FM and 98fm, including the award winning All Irish show on Today FM which platforms up and coming Irish artists. Claire told us: 'I'm thrilled to be joining the Minding Creative Minds mentorship programme. I'm looking forward to working with artists to help them get the airplay and exposure that will best fit their career path, as well as any other advice I can give to empower them to move forward'.



CLÍ DONNELLAN

MUSICIAN | FACILITATOR | PRODUCER |
CURATOR
(MUSIC)

Cli Donnellan, a native of East Clare, is an Irish traditional fiddle player, facilitator, producer, and curator at Turas House. She founded and ran the Mountshannon Trad Festival for ten years (2010-2019) and produced and presented a live Irish traditional music radio show “The Morning Dew” for Scariff Bay Community Radio from 2019-2021.

Cli completed a Ph.D. in Philosophy through music in 2018. Her research focused on investigating ways that we can enhance our creative process and performance experience. Drawing on her own life experience and practices while working with clients, Cli places emphasis on creative awareness, establishing perceptions about our ‘self’, identifying and letting go of negative patterns, and devising practices that may help to connect more deeply with the creative process and performance.

As a musician, Cli’s music is deeply rooted in her native East Clare style. In 2020, she produced and released her debut album “Beneath the Hedgerow” and is currently working on a new music project.

Cli continues to curate music and multi-disciplinary arts events in East Clare through various funding opportunities presented by Clare County Council in collaboration with Mountshannon Arts Festival. Cli is currently on the peer panel of the Arts Council of Ireland and is a Mentor with Minding Creative Minds.



DAMIAN MCGARRIGLE

HEAD OF CATALOGUE | DIGITAL PARTNERSHIPS

(MUSIC)

Damian started out in the industry in 2003 while studying in Liverpool - running, booking and promoting gigs in the local venue circuit - including The Barfly and M&S Bank Arena, before moving to London in 2011 as Marketing Manager for Live Nation, working national tours & festivals.

Having spent a decade in live music, he left this behind in 2013 - moving to Sony Music UK - starting initially across TV compilation & artist projects such as Grandmaster Flash and Run-D.M.C., before moving into the label's first ever streaming-focussed marketing role in 2016 and overseeing the UK playlist strategy.

He moved to Dublin in 2018 and has since evolved his role into new opportunities within the label, bringing together his extensive marketing experience with a strategic outlook as Head of Catalogue & Digital Partnerships - working with key label partners such as Spotify, Apple Music, TikTok & YouTube.

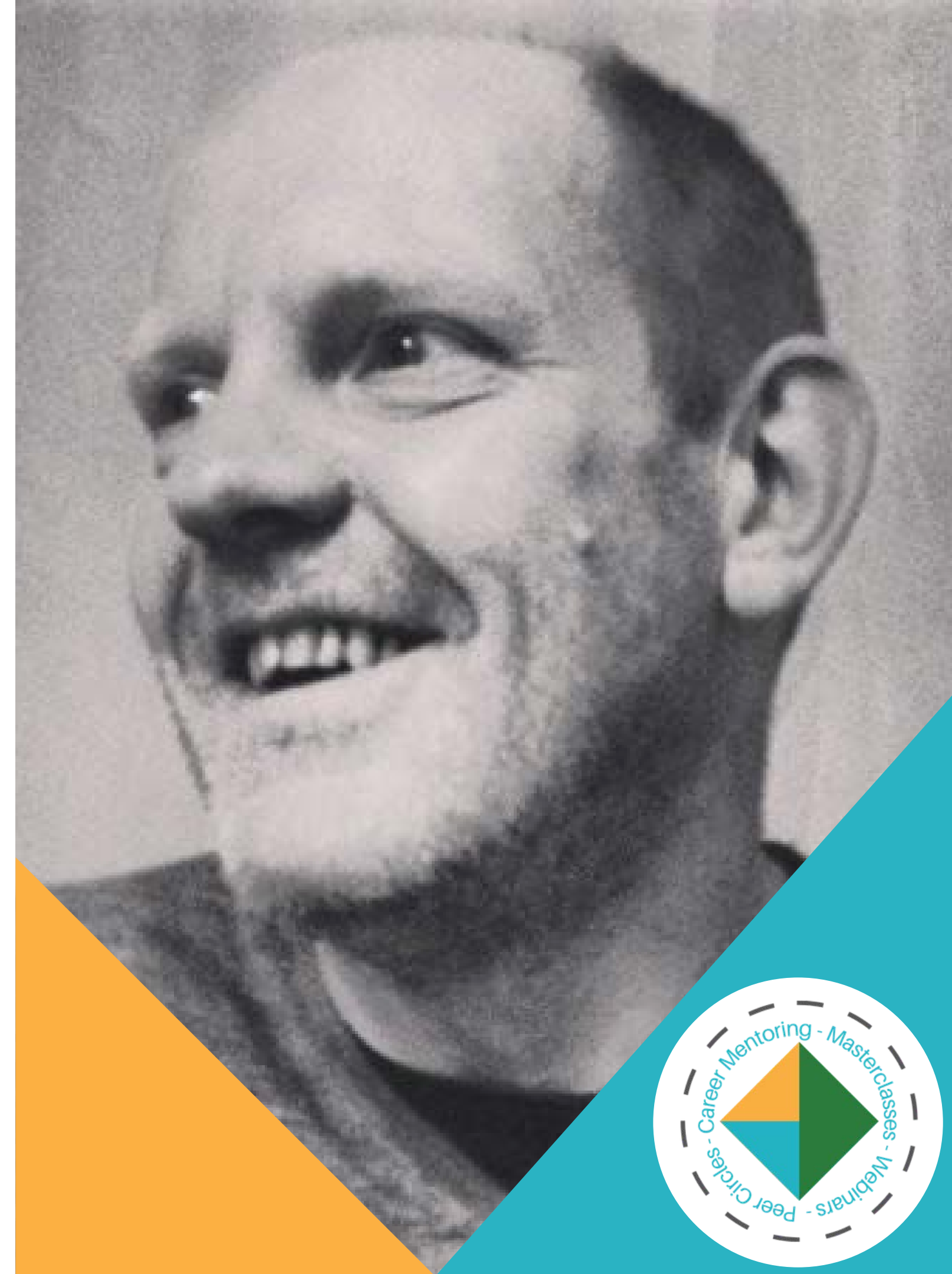


DAN OGGLY

ARTIST MANAGEMENT | MUSIC
CONSULTANT | RTE CHOICE MUSIC PRIZE
(MULTI-INDUSTRY)

Dan Oggly has spent nearly forty years immersed in different areas of the music industry. A music journalist in Dublin at the beginning of the 90s he set up and ran the "blunt" Record Label before co-founding Friction PR to handle Publicity full-time for a host of national and international artists (including Ash, Snow Patrol, David Gray, The Frames, Bell X1, Villagers, Arctic Monkeys, Franz Ferdinand and a host of others). He also co-founded Dublin's legendary Road Records music shop.

Transitioning from Publicity into Management in 2007 Dan has worked with Delorentos and Tindersticks for many years along with a number of other short-term Artist projects. He was a lynchpin in the birth, shaping and growth of the national Choice Music Prize annual event in 2005 and continues to be a central part of the brand as its Head Of Operations and an Executive Producer of the RTÉ-broadcast TV highlights programme of the event every year.



DEIRDRE SHANNON

VOCALIS | MENTOR

(MUSIC)

A seasoned vocalist with extensive touring and theatre experience, Deirdre has been offering professional training from her dedicated home studio since 1998. Her impressive performance portfolio spans over two decades, featuring as a solo vocalist with renowned productions including Anúna (1996-1998), Celtic Woman (2005-2006), Lord of the Dance (1997-2012), Celtic Thunder (2010), and Celtic Tenors (2002-2016).

Deirdre's musical diversification has been honed through world stage performances, leading to TV recordings, music specials, and two successful solo albums: *Deirdre Shannon* (2006) and *Anamceol* (2011). This extensive experience has made her equally comfortable in mentorship in production environments.

Her formal training includes Classical Irish, Italian, French and Lieder vocal studies. She has also been selected for the 'I Am Creative' program working with special schools, recently earning a Documentation award for her contributions.

Drawing from her varied background as spanning performance, recording, production, and education, Deirdre brings multiple perspectives in her Mentor role at Minding creative minds, helping mentees to focus in their chosen artistic fields.



ELAINE MCCANN

MUSIC CONSULTANT | CAMPAIGN & DIGITAL DISTRIBUTION MANAGER | MENTOR (MUSIC)

Elaine McCann is a music consultant, mentor, campaign, and digital distribution manager with 15+ years of experience in the music industry at an international level.

Working within the digital distribution landscape, Elaine has in-depth experience working on campaigns for bands and artists alike, including some of the UK and Ireland's most notable independent record labels & aggregators (The Orchard, Rubyworks, Hozier, Irish Women In Harmony, Orla Gartland, Hudson Taylor, Wyvern Lingo, Lyra, David Keenan, Rodrigo y Gabriela, Jonny Greenwood (radiohead) Al Green and many more).

Elaine also has a vast knowledge of Canadian markets. She worked the festival and live circuit in Toronto for 5+ years, producing music Industry showcases and networking events, with a high emphasis on marketing, management, and artist development.



ELAINE WALSH

MERGE PRODUCER | SCRIPT EDITOR |
SPECIALIST CONSULTANT CLIMATE
STORYTELLING
(TV/FILM)

Elaine Walsh is a disability, diversity, creativity and climate activist.

She believes creativity, storytelling, whether through music, art, writing, technology is a human right, and all storytellers' hearts, minds and souls must be nurtured to do their best work.



ELIZABETH REAPY

WRITER | EDITOR (WRITING)

Elizabeth Reapy is a multi-award-winning writer and mentor from Mayo. She has an MA in Creative Writing from Queen's University, a Postgraduate Diploma in Education from UCC and is the author of the novels Red Dirt and Skin (both published by Head of Zeus). She was writer-in-residence for Dublin UNESCO City of Literature and Dublin City Libraries and for Mayo Arts Council.

In 2024, she was appointed literary programmer for Hedge School Doolin Festival. She has taught, edited and coached writers of all levels for the past 20 years. A keen advocate for holistic and healthy approaches to support creative lifestyles, she is also a certified hypnotherapist and fitness instructor.



EOIN SANDFORD

MARKETING CONSULTANT | LECTURER | ARTIST MANAGER (MUSIC)

Eoin Sandford is a Marketing Consultant, Music Business Lecturer at BIMM Dublin and Artist Manager.

Specialising in Digital Marketing, Eoin has over ten years' experience working with clients such as American Express, Coca Cola, Adobe, Hewlett Packard among others. He managed numerous campaigns across multi-channel platforms while overseeing six figure online advertising budgets.

Eoin produced and co-hosted the successful music industry podcast Around The Sound and has previously managed Irish Singer Songwriter Megan O' Neill who has amassed over a million streams, had a successful sync in Netflix show Firefly Lane and supported Sir Tom Jones on tour.



FIONA LINNANE

COMPOSER | MUSIC PRACTITIONER

(MUSIC)

Fiona Linnane is a composer, specialising in opera and vocal music. She has been the recipient of bursaries through the Arts Council of Ireland Limerick City and County Council.

In 2023 she was awarded the King House Piano Commission and a Project Award for Crawford Art Gallery's Building as Witness Project. Previous work includes the site-responsive opera No.2 Pery Square, devised in collaboration with, and commissioned by, production company Opera Workshop and her song cycle Songs for Kate O'Brien, which have been in development since 2011. Linnane is spearheading the Kate O'Brien 2024 Initiative aimed at celebrating and amplifying the work of Limerick author Kate O'Brien.

She is widely sought after for her work in arts in education. She has undertaken training at European level through participation in the International Teacher Artist Partnership Professional Development. Her work has twice been the recipient of the Arts in Education Documentation Award. She is also on the panel of experts for the Heritage in Schools Programme. Linnane is very active in community music and collaborative practice. In 2022 she worked with Limerick Bat Group, supported by the Arts Council of Ireland Artist in the Community Scheme.



FRANK GREGG

ACTOR | MENTOR

(TV/FILM)

Frank has been an actor for over two decades and has worked almost for a decade on the TV series 'Fair City'. He has appeared for years on Netflix, Amazon Prime and has starred as the lead in an award-winning movie and has performed in numerous other acting roles.

Frank has helped and mentored many artists to launch their careers and overcome barriers to success. He has served to help many artists from actors and artists starting out to celebrities who need mentoring in many different fields. He has been a member of Irish Equity for almost two decades and is an advocate for mental health and support of artists.

He was nominated by model and actress Barbara Mazur from London to the Foreign, Commonwealth & Development Office UK in 2023 for Honour or Gallantry Award.'



HARRY MARTIN
UNIVERSAL MUSIC IRELAND |
COO UM IREL
(MUSIC)

A music business professional with over thirty years experience, primarily in the independent sector. Most of this time spent at London independent Domino Recordings and its sister company, Domino Publishing.

Martin has an extensive knowledge of all aspects of the music industry, gained while growing Domino from a fledgling label to respected global music company.



IAN SHIPLEY

BRAND LICENSING | CONTRACT MANAGEMENT | BUSINESS AFFAIRS SPECIALIST | TENDER AND BID MANAGEMENT (MULTI-INDUSTRY)

Ian has years of hands-on experience from being on the creative edge as a co-creator of one of the UK's most popular greeting card brands (Violent Veg) and managed licensing programmes covering greeting cards, Publishing (Penguin, Barnes & Noble), calendars, 3D collectibles) on an international basis to being a highly published photographer creating licensed editorial features for a number of international automotive publications. In more recent times Ian has been involved in the negotiated contract side of broadcast rights (Broadcast, Format options, Production and Publishing).

He has the rare experience of blending both the creator and commercial aspects (from his own experience of having done it) of creative intellectual property and has a deep understanding of how Licensing works to exploit your creative work, whether it be visual, editorial or audio.

Over the years, he has been called upon to assist several creatives, artist management and broadcast content distributors in approaching/managing the minefield (Trademarks, Rights clearance, etc.) that is the commercial and contractual side of licensing agreements along with the strategy to support them. From Photographic art to humour based properties (Irish Farmer calendar, Violent veg, Dumpster love and more) to recording artists and broadcast rights and contracts, the principles have a lot of similarities.

Ian is not a trained lawyer; however, he does bring years of hands-on experience and a keen eye for the commercial aspects/pitfalls of license agreements. He brings a pragmatic no flannel approach to the subject matter having given numerous talks (Business clubs, BBC panelist) over the years on the subject.



JAMES BYRNE

LABEL MGT | MUSIC MGT | MUSICIAN |
ARTIST MUSICIAN
(MUSIC)

James joined his first band at 15 and spent his formative musical years as an active presence within the city's fertile underground DIY music scene. He studied music management at college, and upon leaving began working for Dublin's leading pirate radio station, Phantom FM, presenting and producing a show for the next ten years while promoting various events around the city.

He runs Any Other City, a label and management company that has been responsible for releasing records by some of the most influential Irish artists of the last decade, including GILLA BAND, James Vincent McMorrow and Villagers.

As a musician, James has spent the last nine years as a recording and touring member of Mercury-nominated and Choice-prize-winning singer songwriter SOAK's band. Previously he spent seven years drumming in Villagers. He continues to be an in-demand studio recording presence.

His wealth of experience and trusted reputation within the independent music sector give him a valuable perspective on how artists can best navigate the Industry.



JENNIFER DAVIDSON

CHAIR OF THE WRITERS GUILD | WRITER (WRITING)

Chair of the Writers Guild of Ireland since 2020, Jennifer writes for Ireland's national soap opera, Fair City, having been a core member of the writing team since 2012. She also has a number of original series and feature films in development.

Jennifer is an experienced screenwriter with a background in documentary production and development. Having spent almost twenty years working for a number of Ireland's top independent production companies, securing commissions for a wide range of programmes, her years spent encouraging other people to have their stories told on screen informs her work as a writer.

A fierce advocate for Irish writers, through her work with the Writers Guild, she has originated and run a wide number of training and development initiatives for new writers. Her development experience includes contracts for O'Sullivan Productions, Independent Pictures, Jump Films, Animo, Adare, Shinawil, Coco and Kite.

She recently completed a Postgraduate qualification in Creative Entrepreneurship & Enterprise Development through CREW Digital/ATU Galway with a view to setting up her own writer led production company, Heartfelt Drama.



JO SCHOFIELD

WRITER | DEVELOPMENT PRODUCER
(TV/FILM)

A highly motivated BAFTA nominated screen industry professional with 20+ years' experience. I hold unique dual skills across story creation and talent development leadership.

I am a seasoned story and creative producer, script editor, development lead & commissioning exec. I've worked across story generation, commissioning, agile story development and ran short film funds nationally and internationally including the Galway Film Fund for RTE.

Programme Director across several flagship initiatives for writers, directors and producers including Screen Yorkshire's FLEX talent lab, ScriptEd, and the BFI's INSIGHT emerging feature film producer programme.

I've held many creative responsibilities including 10 years at ITV as Storyliner, Script Editor & Digital Producer. Former RTE Drama Commissioning Executive, launching the hugely successful talent development vehicle Storyland nationally across Ireland.

I am focused on addressing inequality, impact, and inclusion creatively, and co established the North of England Hub for the Film & TV Charity and was Chair of its internal anti-discrimination working group. I also sit on the XR Stories executive group & regularly contribute to panels, Q&As and keynotes.



JOANNE RYAN

FREELANCE THEATRE PRACTITIONER (THEATRE)

Joanne is an award-winning Limerick-based theatre artist, playwright, and performer with a track record of making quality, ambitious work in socio-political contexts.

Currently, Joanne is developing a number of different projects in partnership with Ormston House, Fishamble Theatre Company, and Lime Tree Theatre. In addition to her work as a writer and maker, Joanne has performed with many companies in Ireland.

Joanne has received numerous grants and awards from Arts Council Ireland, Culture Ireland, Create, Local Authority as well as benevolent funds and other funding bodies.

She regularly consults with artists across art-forms advising on funding and other applications.



JOE RIGBY

SENIOR EDITOR | PSYCHOTHERAPY CANDIDATE

Joe brings over 20 years of experience in the film and broadcast industry to the Minding Creative Minds mentorship panel. Having navigated the complexities of post-production as a Senior Editor and Post-Production Supervisor; contributing to Cannes Lions-winning projects and major international broadcasts (Universal, Paramount+, Channel 4), Joe has a profound understanding of the unique pressures, burnout, and technical stressors inherent in creative careers.

With over 15 years of experience managing and mentoring teams at leading production facilities (Mentorn), sports specialists (Sunset+Vine), and at Motherland in Dublin, Joe has developed a unique dual-perspective. He has previously served as an Editor for Sky in high-pressure broadcast environments, giving him a deep understanding of post-production workflow alongside a refined creative sensibility. This allows him to support mentees in balancing the "art" of the edit with the technical machinery of delivery.

As a long-term freelancer himself, Joe understands the specific complexities and balancing acts of self-employment. He speaks the language of the independent creative; from the logistical stresses of invoicing and business development to the psychological weight of the "feast or famine" cycle. He is passionate about helping freelancers find stability and confidence in an often unpredictable market.

Joe serves on the board of Peata Pet Therapy. He is a firm believer in the grounding power of animal-assisted intervention and is frequently accompanied by his therapy greyhound, Pop, with whom he visited 145 patients in 2025 alone at the ICU in Tallaght University Hospital. Currently pursuing a formal qualification in Psychotherapy, Joe is passionate about bridging the gap between professional excellence and mental wellbeing, helping creatives build sustainable, resilient lives without sacrificing their health.



JOHN GLENNON

MUSIC MANAGEMENT | PR | CONSULTANCY PR | CONSULTANCY (MUSIC)

Founder and Partner in Jawdropper Music, a management label and PR consultancy with artists currently signed by Universal, Columbia, RCA, BMG, Akira, Kobalt, Sony Publishing etc

John has over 30 years' experience working with both Irish and international artists. Some of Jawdropper's current clients include Robert Grace, modernlove, L'aupaire, Crybabyamy and Columbia Mills.

Recently elected to the Board of AIM Ireland, John has a wide-ranging knowledge and experience of record labels, publishing, live, sync, streaming, digital marketing etc and a proven track record in mentoring and developing new artists.



JULEY-ANN COLLINS

MULTIDISCIPLINARY ARTS MANAGER | PRODUCER

MULTI-INDUSTRY

Juley-Ann Collins is a freelance Arts Manager and Producer, with over 10 years' experience in cultural and production management in a multi-disciplinary national and international context; producing and co-ordinating small to large scale projects and tours, funders including the Arts Council of Ireland and Creative Europe.

Juley-Ann has worked across multi-disciplinary arts settings such as festivals, production companies, venues and local authorities, working with leading artists across different artforms including circus, dance, spectacle, theatre, visual arts and work for early years, children and families and with communities of interest and place.

With a Higher Certificate in Broadcasting IADT, Bachelor of Business in Event Management and PR GMIT, MA in Public Advocacy and Activism NUIG and a Professional Diploma in Creativity, Innovation and Leadership UCD Professional Academy, memberships include Theatre Forum and the Irish Street Arts Circus and Spectacle Network, and Board member with expertise in Arts for Mother Tongues.



JULIE GRIFFITHS

VISUAL ARTIST | CULTIVATOR (VISUAL ARTS)

Julie Griffiths is an award-winning visual artist, activist, and cultivator who has delivered collaborative projects in Ireland and internationally for over 10 years. Her background is in textile design, and she uses many tactile processes in her projects, as well as horticultural and ecological approaches.

The key driver for her practice is concern for the environment, and how art can tilt peoples' understanding and motivations in the challenging times that we are living through.

Julie has delivered projects in all kinds of formal and informal settings, with a wide diversity of participants and groups: primary and secondary schools, academic institutions and seminars, galleries and community centres, gardens and beaches, town squares and parliamentary buildings, castles and kitchen tables



JUSTINE DOSWELL

CREATIVE PRODUCER | CHOREOGRAPHER (DANCE)

Justine completed her dance training in the UK, graduating from Central in 1991. She has since worked extensively in dance, theatre, fashion, design and arts/music management.

She has been based in Dublin since 1997 and has been a resident dance artist in schools for County Councils. currently works with the junior section of Dublin Youth Dance Company (12-17yrs).

Justine also works freelance and contract on various other collaborative projects & dance productions and has previously managed Irish rock band, Preachers Son (2010/16).



KAREN MALONEY

LIFE COACH

(MULTI-INDUSTRY)

Karen Maloney is an INSIDE OUT Life Coach helping people to elevate their mindset and believe in themselves more.

She also mentors in time management, stress management, self-confidence & being an entrepreneur.

Her background is in Events Management before making huge life changes & becoming a coach.

She has travelled the world (currently residing in México) & loves to help people to feel confident about themselves & create life on their terms.

You can find her on <https://www.karenmaloney.com/>.



LOUISE LONERGAN CEO OF LONERGAN GROUP (MULTI-INDUSTRY)

Louise is the C.E.O. Of The Lonergan Group, a company that provides end-to-end solutions in strategic reward and recognition, and branding. Lonergan Group works with companies that wish to reward their staff with hampers, Care packs, onboarding packs, service awards, branded gifts and much more. Louise's ambition for her company is to scale into new markets in Europe.

In the two decades she has been in business, she has continually expanded through innovation to move the company forward and offer clients the best service, ahead of the trends. Louise's areas of expertise include sales, innovation, entrepreneurialism and negotiation, Louise is also a great advocate for diversity and have huge experience in this area. Louise is part of Going for Growth, Entrepreneurial Spark, Vital Voices and WeConnect International . Lonergan Group partners with Ronald McDonald House Charities Ireland as her charity partner and has recently become Great Place To Work Ireland's preferred supplier.



LUAN PARLE

ARTIST | SONGWRITER | MUSIC EDUCATOR (MUSIC)

Acclaimed performing artist, songwriter, composer & music educator Luan Parle has had numerous hits and accolades, including a Meteor Award for Best Irish Female. Her top 10 hit single 'Ghost' spent three months in the Irish Charts, was the most played Irish single of that year, and featured on numerous number 1 compilation albums.

Luan signed her first record deal at just twelve years of age before later signing with Sony Music and Elton John's management company Twenty-First Artists. After spending several years performing and touring extensively in Ireland, Europe, and the US,

Luan released her fourth studio album, Never Say Goodbye, in February 2020, to critical acclaim. The album features ten original tracks, including two co-writes with Dire Straits guitarist Hal Lindes.

Luan has extensive experience teaching song writing to people of all ages and has facilitated song writing workshops for both IMRO (the Irish Music Rights Organisation) and the Department of Education for a number of years & most recently Waltons New School of Music.



LUCINA RUSSELL

LECTURER IN ART & DESIGN EDUCATION | ARTS OFFICER (ART AND DESIGN)

Currently on a career break to lecture in Teacher Education in Limerick School of Art, Lucina Russell has worked as Arts Officer for Kildare County Council since 2000 and in recent years, took on Kildare's Creative Ireland Coordinator role. With overall responsibility for arts policy and programme in Kildare, she established many groundbreaking arts programmes, founding Kildare Short Grass Films and producing 'All About Eva' which premiered at the Dublin Film Festival 2014. A member of the Arts Council peer panel, she has rolled out arts grants and bursary awards in Kildare and has assessed grants for other public bodies.

In 2019, Lucina led the successful bid, with KWETB, for Kildare Music Generation and in 2021, a bid for Creative Places Athy. She is a founder member of artsandhealth.ie and represented local authority Arts Officers on the advisory group for artsineducation.ie from its inception until 2023. She was appointed to the board of Arts and Disability Ireland in 2022.



MARIA AULETTA

CIRCUS SKILLS FACILITATOR | THEATRE DIRECTOR | LIFE COACH | MENTOR (PERFORMING ARTS)

Hi, My name is Maria Auletta. Born in Italy. Based in Galway since 2005.
I am a Creative and Somatic Life Coach (Kingstown College & Coaches Rising)
I am a Theatre Director for Young Audiences and a Circus Skills Workshops Facilitator.

I graduated with a Master's Degree in Sociology and Anthropology and completed my studies with a thesis/research about juggling & circus, choices, and motivations that draw the artist to choose this path. For 20 years in Ireland I have been a circus performer and a workshops facilitator. In the past 5 years, I moved my creative mind and purpose toward Theatre for Young Audiences. Thanks to a self-development path and mentors I was able to focus on what was important for me and frame my ideas into a project that resonated with my values and also gave visibility and recognition of my creative intent. I firmly believe life is our main teacher and the people we meet can become our mentors.

Successful recipient of Galway City Art Office Bursaries during the years; Arts Council "Project Award 2020"; Town Hall "Patron Donation Award 2021"; Arts Council "YPCE Bursary Awards for the years 2020-2022-2024"

My work involves physical theatre, multilingualism, directing and self producing small shows.
TYA networking, YPCE arts applications, collaborations and partnerships with venues.

Recently completed a Postgraduate Certification in Creative Arts Management in the University of Galway.



MICHAEL ROE

ARTIST | LABEL MANAGER

(MUSIC)

Michael Roe's career in music commenced when he became the drummer in the acclaimed Wexford based post-rock band Adebisi Shank. He also formed The Richter Collective to release the band's debut album. The band released three albums, one of which was shortlisted for the Choice Music Prize.

In 2012 he joined the highly regarded American label / management company Sargent House as the Head of European Operations. Roe's projects during this role included working on acclaimed albums from Deafheaven, Chelsea Wolfe and Russian Circles within Europe.

Michael joined Faction Music in 2017 to continue his focus on Irish acts and has been a Music Business Tutor at BIMM, Dublin.



MICHELLE CAHILL

PRODUCER | ARTS MANAGEMENT | COACH (DANCE - THEATRE)

Michelle is a freelance producer, arts professional and coach. Her work is driven by a strong interest in supporting and nurturing creative and physical expression. She is passionate about supporting collaborative artistic projects across different disciplines to produce ambitious new works for public engagement. Artists and companies in her producer portfolio include Róisín Whelan Dance; Deirdre Griffin/Headonbody, Monica Muñoz Dance, Regan O'Brien, and Rowan Tolley Company (UK).

Since 2017 she works as a company line producer with the award-winning dance theatre company Junk Ensemble. She has 20+ years' experience working in dance, choreography, and performance. Her solo show 'Thirteen Steps to the Attic' premiered in 2018 that toured widely.

Michelle is a qualified Relational Dynamics coach, RD1st accredited.



NIALL BYRNE

MUSIC EDITOR | EVENT CURATOR | DJ |
PRODUCER | ARTIST MANAGER
(MUSIC)

Niall Byrne, widely recognised by his professional brand Nialler9, is a cornerstone of the Irish music landscape, operating as a writer, DJ, and industry consultancy.

Since 2005, he has steered the Nialler9 platform into Ireland's leading destination for music discovery, blending sharp editorial commentary with highly influential curated playlists.

Beyond the digital space, Niall is a prolific event curator and a fixture of Dublin's club culture. His versatility extends into artist management, where he represents the alternative act Skinner, as well as professional consultancy for brands and media outlets seeking his expertise as a tastemaker and commentator. Niall brings a wealth of expertise as a mentor.



PAMELA MC QUEEN

PLAYWRIGHT

(DRAMATURG)

Pamela is program manager for the diversity playwriting project The Baptiste Project with Black Irish theatre makers in Smock Alley Theatre . She is also project manager for The Mavens & The Mavens Lab playwright development programs for 35yrs+ female theatre makers at The Mill Theatre. In 2024 Pamela will be curating a new ISSD & I.T.I mentorship platform for designers and playwrights, Design Matters:Explore Design. She is also a mentor and workshop facilitator with Minding Creative Minds.

Most recent production dramaturgy includes a trilingual international coproduction by Fishamble Theatre Company/BaraCaws/Theatre GuLeor of the site responsive play Taigh/Ty/Teach 2024; Prickly by Caoimhe O'Malley produced at DLR Mill Theatre 2024, Clonmel Junction Festival ART:23 production From Out The Land 2023 and The Whispering Chair by Tara Lovett produced by LivinDred Theatre Company, 2022.

Other productions include Pamela was dramaturg on 'Jimmy's Hall' with The Abbey Theatre, 2017 & 2018 and 'Scotties' by Frances Poet & Muireann Kelly, National Theatre Scotland & Theatre GuLeor 2018.

She was selected for the Dublin Theatre Festival 2020 research residency Unacknowledged Loss with Barbara Raes. Her work has been supported by several Arts Council of Ireland awards and a DCC Arts bursary.

Pamela was New Play Dramaturg at The New Theatre, Temple Bar 2017-2020. Previously Pamela McQueen was Associate Dramaturg of the Tron Theatre, Glasgow from 2008-2011. Freelance Scottish work included the Olivier award winning Roadkill by Cora Bissett & Stef Smith (2011). She has an M.Litt in Dramaturgy & Playwriting from the University of Glasgow.



PHILIP MAGEE

MUSIC PRODUCER | MIXER | DIRECTOR AT R.A.A.P. (MUSIC)

Proven hitmaker Philip Magee has been working behind the scenes for more than 20 years, supporting artists like Kodaline, The Script, Gavin James, Miles Kane, The Academic, Lucy Spraggan and many more. Working as a music producer, mix engineer and music industry professional, Philip has a keen understanding of the business, across a wide range of genres, working also in A&R, movie music supervision, music consultancy and as his role as a board member on Ireland's performers royalties organisation (RAAP) and a founding director of Association of Independent Music Ireland (AIM Ireland).

To date, he's worked on songs with over six billion streams, and albums that sold over four million copies. As a producer, he's the secret sauce in the song; an integral part of the creative and technical process.

Philip guides artists in the studio, unlocking their potential and shaping their hits from beginning to end – a process he's deeply passionate about. His humble approach, genuine curiosity and creative technique allows him to connect with artists and share their vision, so that the sounds coming out of the studio are unique each time.



REBECCA FOUNTAIN

CEO

(STRATEGIC & MARKETING)

Rebecca is a professional strategic marketer who has worked across many industries over the past 25 years.

For the past 10 years, Rebecca has worked from her virtual office in the South of France, using her marketing knowledge to service organisations around the world.

Rebecca helps start up business and individuals understand the ways in which they can promote their brands, products, and services to build awareness and ultimately, their client / following bases.

If you need support to get your name out there, Rebecca can advise you and help you make some quick, creative, and pragmatic interventions to get started or re-launch in your respective industry.

In addition to her professional marketing skills set, Rebecca is also an experienced singer with various bands (rock, funk, soul, pop) and currently part of a local duo in her hometown in the south of France, Playlist. She has a well-rounded network of global contacts that include vocal coaches, musicians, writers, road crews, studio owners and much more.



RICHEY MCCOURT

SONGWRITER | PRODUCER

(MUSIC)

With a career spanning 20 years in music, Richey McCourt has established himself as one of Ireland's most sought after songwriters and producers. From humble beginnings in Dublin guitar bands, and years spent working as a session guitarist – it was the world of songwriting and music production that ultimately ended up being home for Richey.

A songwriter with versatility and ambition, Richey spent many of his formative professional years as a songwriter collaborating with Swedish pop teams, harnessing his skill for delivering top tier melody.

He's written with and for international artists such as Will Young, Rebecca Ferguson and Latin sensation TINI. He's also become the defacto collaborator for some of Ireland's brightest shining talents such as Aimée, Erica-Cody, Megan O'Neill and many more. Working predominantly between Dublin, Stockholm and London, Richey also works as a mentor with Minding Creative Minds, offering workshops focused on songwriting to mentee's.



RÓISÍN STACK

THEATRE MAKER | COACH | ARTS MANAGER (THEATRE)

Róisín Stack is based in the West of Ireland. She makes contemporary performances, coaches artists across art forms, and designs and delivers arts programmes.

She previously held positions within Druid, Macnas, Clod Ensemble (UK) and Galway Theatre Festival and has worked extensively in the area of artist development where she has mentored emerging theatre artists. In addition, she has assessed funding applications for Arts Council Ireland, Culture Ireland, iPortunus (now Culture Moves) and Galway County Council. She was the Arts Council Ireland Jerome Hynes Clore Fellow 2019.

Róisín has experience coaching and mentoring on topics such as: time management, creative process, self-care, and strategic planning, among others. She brings a coaching sensibility to her mentoring, which is to say, a questioning and supportive framework that works with the individual's disposition, as opposed to a purely advisory approach.



RUTH MEDJBER

PHOTOGRAPHER

(VISUAL ARTS)

Dublin-born and globally-based Ruth Medjber* was encouraged by her father to take photographs from a young age. While in her honors year of a Bachelor of Arts (Photography) at Dublin Institute of Technology, Medjber regularly contributed to Hot Press magazine and subsequently NME, Rolling Stone, Kerrang! and Classic Rock.

Medjber's portfolio includes portraits of Grace Jones, Hozier, Metallica, and the Foo fighters. Most recently, she documented Arcade of fire on their tour of the UK and Europe, as well as covering the Glastonbury Festival for the BBC. With close ties to her community, the artist uses her creative talent to support local charitable causes and has a long-term project Women of Notes, which celebrates inspiring women in the Irish music industry in a bid to create a gender balance in music.

In 2020, when the music industry was paused by covid19, Medjber began taking portraits of people at home through their windows in a series titled "Twilight Together". This body of work, now published as a book by Penguin, became one of the most iconic portrait series of our time.

*Pronounced: Medj (as in hedge) Ber (as in teddy)



SARAH HONE

ACTOR | CASTING DIRECTOR | DRAMATHERAPIST (THEATRE)

Sarah Hone is an experienced actor, acting coach, casting director and dramatherapist. She holds a BA in Theatre and Performance and an MA in Dramatherapy, completing her Master's thesis on Role, Identity and Oppression and the use of Dramatherapy within the Irish Travelling Community. She has worked extensively in her fields in Ireland, USA, Australia and Japan. Her tutoring in universities led her to The National Institute of Dramatic Art (NIDA) in Sydney and Temple University Japan.

In mid 2016 she returned to Ireland following a two year tour of Japan performing for Disney. Prior to living in Japan she began her casting career in 2013 as an extras casting assistant on the blockbuster "Mad Max: Fury Road", in Sydney Australia.

Back home - a regular tutor at Bow Street, Filmbase and the Gaiety School of Acting, she primarily spent 5 years working in casting for Ali Coffey Casting and sister company Fishpond. After these years in full-time casting, she re-joined The National Screen Acting School of Ireland - Bow Street Academy, full time in 2022, as Associate Artistic Director.

She also casts independently under Sarah Hone Casting. Recent projects include Lance Daly's feature TRAD (currently in post production), and Naomi Sheridan's short KIKI which recently premiered at Dublin International Film Festival.



SHEELAH MOLONEY

CREATIVE CAREERS CONSULTANT (VISUAL ARTS)

Sheelah is the founder of 2020 Curates which provides resources for visual artists to assist them in navigating the complex world of art sales through mentorship, advice and guidance.

She loves all things visual and has a degree in Art History (BA Hons) and is an avid amateur photographer. Her passion for art led her to open 2020 Art Gallery in 2009. In 2019, in response to the market and demand she transitioned the business into creative consultancy 2020 Curates. She has 15+ years' experience in the world of art sales as a gallery owner and curator. and has curated almost 50 exhibitions and worked closely with many artists.

She has a strong passion and belief in the importance of art and visual communications for the betterment and development of communities. This is the foundation of everything she does at 2020 Curates.



SHEILA MEANEY

TV PRODUCTION | FILM PRODUCTION
(TV/FILM)

Sheila comes from an extensive background in TV, film, and broadcast media production, among other complimentary areas. She has been producing, and production managing broadcast productions since 1995.

She has been the Executive Producer on programmes such as Dancing with the Stars, Last Singer Standing and many other TV productions.

Sheila has worked her way from being a floor manager, line producer through to assistant director, production manager & executive producer with many organisations and collaborations.



SINEAD O'BRIEN

FILMMAKER | TV PRODUCER AND DIRECTOR |
NON-FICTION AUTHOR
(FILM AND TV)

Sinead O'Brien is an award-winning director, producer and non-fiction author with a career that has spanned over twenty years. During this time she has collaborated with Screen Ireland, BBC, Sky Arts, Northern Ireland Screen, RTE, TG4, the BAI and NRK on a range of documentary films.

Sinead O'Brien has co-authored two critically acclaimed non-fiction books. *Left for Dead* with Nick Ward was named Sunday Times Sports Book of the Year along with being named amongst books of the year in *The Daily Telegraph*, *The Guardian*, *The Irish Times* and *The Independent*. *Striking Back* with Mary Manning was named non-fiction political book by the *Irish Independent*. This book is currently being adapted for the stage by renowned US playwright Matt Spangler (*The Kite Runner*)



SINÉAD MEANEY

ARTIST | CURATOR | PRODUCER | DJ (MULTI-INDUSTRY)

Sinéad is a multi-disciplinary artist, curator, producer and DJ.

She holds a Masters in Music + Media Technologies from Trinity College, and has worked in various facets of the music, arts and tech industries - from the creation of audiovisual installations, music projects and performances, to event curation, music publishing, radio and film production. She is a recent recipient of an Arts Council Music Bursary.

Her installation work has been exhibited at The World Science Festival (New York), The Field Museum (Chicago), The Mind Museum (The Philippines), Electric Picnic (Ireland), Science Gallery (Dublin), and Engage Arts Festival (Cork). She has performed electronic music live at CTM Festival (Berlin), Rhizom Festival (Zurich), Body + Soul (Ireland), Panke Gallery (Berlin), and DJ'd at Turnmills (London), Kings Cross (London), Krake Festival (Berlin) and Berghain Kantine. She has curated events for Ableton's Loop: a Festival for Music Makers, Berlin Music Week, The National Gallery of Ireland, and produced content for RTE, Cork Midsummer Festival, Dublin Theatre Festival and Dublin Digital Radio.



SEAN FARRELLY

AUTHOR | FACILITATOR (WRITER)

Seán Farrelly is a Dublin based writer and youth programme facilitator whose work spans fiction, playwriting, and community arts. He has had four plays produced and short stories published in The Irish Times, and his debut novel Tom Burne Has Left the Chat, a story exploring loss, social media, and AI, will be published by Faber in May 2026. He is in receipt of an Arts Council bursary award and is represented by The Blair Partnership. Since 2018, Seán has worked with Fighting Words, the creative writing centre co-founded by Roddy Doyle, where he mentors young writers, facilitates workshops, and has helped develop programmes that bring creative writing to young people from underrepresented communities in Dublin's North East Inner City. He has also spoken at youth activist events internationally through the International Congress of Youth Voices.

Seán is well placed to support writers at any stage of their journey, but particularly those navigating the early and middle stages of a creative career. This includes finding and sustaining a writing practice, developing work across different forms and for different audiences, and building resilience through the long gaps between milestones. His experience working across both fiction and drama means he can offer insight into the particular demands of each, including how to develop a distinctive voice and structure longer projects. He has a particular interest in supporting writers working towards publication, especially those writing for Young Adult audiences, and can draw on his own experience of bringing a debut novel to press to speak honestly about that process. Having come through the Arts Council funding process himself and worked extensively within the community arts sector, he can also speak to the realities of sustaining a creative life alongside other work: the practical, the financial, and the emotional.



SUE CULLEN
MINDSET COACH | PROGRAMME
MANAGER
(MULTI-INDUSTRY)

Sue has spent the past 15 years coaching, mentoring, and training people from parents to individuals in a variety of programs, both private and voluntary through formal health support services, relationships, and career progression.

Sue has clients of various backgrounds and diversity, receiving coaching in all aspects of personal & professional development.

In recent years, Sue has been creating and managing support programmes, whilst also building a client base for 1:1 life coaching and more. As a life coach she has worked around Ireland and UK honing this craft, helping individuals break through their confidence barriers to achieve their goals, build resilience, self-confidence and belief while supporting them in their desired change & transformation.



SUZANNE DOYLE

MUSIC CONSULTANT | ARTIST MANAGER (MUSIC)

Suzanne Doyle is a Music & Creative Consultant/Artist Manager with thirty years experience in the international music industry, and working directly with singer/songwriters Finbar Furey, Declan O'Rourke and Graham Sweeney. She first joined U2's management company, Principle Management, in 1987 and worked directly with the band over a thirteen year period.

She also worked with other companies such as MTV Europe in London, RooArt, an independent record company in Australia, and is currently Dublin based working for over twenty years with her own Consultancy.

The unique insight into the music world from so many different angles led to a vast range of experience. She also works as a freelance Music Associate on specialist Television programmes for Irish National Broadcaster, RTE. As a mentor Suzanne provides broad and varied support to mentees.



TRACY STEWART
BOOK COACHING | GHOSTWRITING | AUTHOR
| CREATIVE MENTOR
(WRITING)

Tracy Stewart is a published fiction author and creative mentor who's spent over a decade helping writers turn their creative dreams into sustainable practices.

Tracy delivers 1:1 mentoring, peer group sessions, and workshops for fiction authors navigating both the craft of writing and the often-overwhelming business side of being an author. From finding your voice to understanding the publishing landscape and options, from building consistent writing habits to managing the emotional complexity of creative work—Tracy's been there and can help you through it.

Her approach is anti-hustle and deeply practical. She doesn't believe in writing every day or following rigid formulas. Instead, she helps you build a writing practice that honors your capacity, your life circumstances, and your wellbeing.

Tracy is also an accredited trauma-informed coach, bringing that lens to her work with writers processing difficult stories. She lives in France and works with writers internationally through her practice, Freshly Press.

